



Peer Education Program of Los Angeles, Inc.

⌘ HIV/AIDS Prevention for High Risk Men ⌘

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"Prostitute Diversion Program"

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I.

Introductory comments:

- A. Wendy's credentials in HIV/AIDS education, prevention and counseling (*PEP/LA and PEP/International in 27 countries*).
- B. Some statistics of HIV/AIDS nationally and globally: *These are low estimates because people are not getting tested!*
 - 1. When and why do people get tested?
 - 2. Do you think that getting tested will contribute to decreasing the rising incidence of HIV infections?
 - 3. Why are women particularly at high risk?
- C. Objectives of this discussion:
 - 1. The reality of HIV/AIDS.
 - 2. Basic definitions.
 - 3. Why are HIV/AIDS cases still increasing?
 - 4. Transmission and prevention of HIV.
 - 5. Practical role-playing exercises.
- C. The 'grey areas' of HIV information- there are no simple answers to your questions. How much information do YOU know about HIV/AIDS?

II. What HIV does to the body

- A. Definitions of HIV, AIDS.
- B. HIV damages the Immune System; there is no defense.
- C. "The test" that you will take is not a test for HIV or AIDS - it is a test for *HIV antibodies*.
 - 1. "Window period" and the interpretation of test results.
 - 2. The advantages of finding your HIV status early.
- D. Possible signs and symptoms of an HIV infection.



III. Transmission and the reality of infection:

A. You CANNOT get HIV from casual contact (*kissing, handshakes, working with someone with HIV/AIDS*).

B. 3 very specific behaviors:

1. Unprotected sex.
2. Blood-to-Blood.
3. Infected mother to child.

C. 4 fluids with a high concentration of HIV:

1. Blood.
2. Semen (includes pre-cum)
3. Vaginal fluids.
4. Breast milk.

IV. Prevention is possible and realistic:

A. Can we talk about abstinence with our young children?

B. A latex condom with water-based lubricant is effective when use *properly* and *consistently*. **Remember:** 1. Latex only, 2. Check the expiration date, 3. Open carefully, 4. Press the air out of the tip when rolling the condom down the erect penis, 5. Be sure to pull out when the penis is still hard, 6. Dispose of carefully.

V. Morality issues

A. Are we giving clients a choice in sexual activity? How are we affecting the families and children of all involved?

B. Does ignorance equal death?

C. Are there some spiritual considerations?

D. Is there informed consent?

E. When do we talk about testing for HIV infection?

F. Who is to blame? Who feels guilty?

G. Are you thinking about your wife/girl friend/children?

G. Please help us elevate the care, compassion and hope of people living with HIV/AIDS.

VIII. Questions and Responses:

Hotline for HIV testing: 800-758-0880

PEP/LA website: www.pepla.org

Thank you for listening – this information could save your life and the lives of your loved ones!