

Sex Addicts Anonymous

Many of us who cruise for prostitutes are trying to fill some very big holes on our lives- only it doesn't work. Sure, the fantasy is good, but after it's all over, what are we faced with? An empty pocket book, the possibility of contracting a disease, arrest or violence. Maybe we were looking in the wrong place.

What is SAA?

- Non-religious/non-denominational: We are not affiliated with any other group- including SAGE or any part of the City of San Francisco. We are guests here. We are not a cult, religion or sect, but SAA is a spiritual program.
- A 12--Step Program: SAA is based on the 12-steps adapted from Alcoholics Anonymous.
- Independent and Self--Supporting: We are not for profit. There are no dues or fees. Most people contribute a dollar or two each meeting to help pay the rent. The excess goes to help our region or main office meet its financial needs.
- Open: Anyone who feels that they have a problem with a compulsive sexual behavior and wants help is welcome to attend SAA.

Unorganized: There are no therapists or leaders running the show. We do have meeting secretaries and other service positions, but these leaders are elected by us to serve for a limited amount of time. Nobody will ever force you to come to or remain at an SAA meeting, or keep track of you. It's a choice program.

- Anonymous: We are not a public or promotional group. Our primary purpose is to help people overcome their sexually compulsive behaviors. What is said in our meetings will not be carelessly repeated.

What do you mean by 'spiritual' program?

Let's first discuss what spiritual doesn't mean. It doesn't mean religious and it doesn't mean therapy. It doesn't mean having someone else's beliefs forced on you. What we mean by 'spiritual' is a program of introspection and action that is open-ended. We challenge you to grow spiritually, but we hold that everyone has the right to work out what that means for them.

How does it work?

You attend meetings and work the 12-steps. We strive to develop a way of living that doesn't lead to sexual acting out.

How can I get started?

We have some literature and meeting schedules available for you today. You are invited to attend the open meetings if you want to check out the program, but there is a meeting tomorrow morning at 11:00am at Davies Medical Center *which* we would like to invite you to attend. At least one of the people you see here will be at the meeting if you would like to ask questions. Let us stress however, that attending SAA meetings is your choice. If you feel that you have a problem, you may find them helpful. If you don't feel comfortable attending a meeting in person, there are also teleconference meetings listed on the schedule that you can call into.